

KEEP YOUR FAMILY SAFE

WHEN RETURNING HOME FROM WORK

We know how important keeping your family safe is to you!

To reduce the exposure and spread of the virus, continue to practice **SOCIAL DISTANCING** in the workplace.

Here are some tips to help keep you and your family **SAFE** while you return to work!



PERFORM SELF HEALTH CHECKS

1

Take your temperature **TWICE** a day!

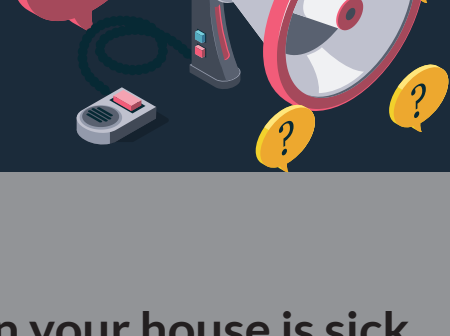


2

Stay **HOME** if you're sick or feel like you're getting sick!



ISOLATE SICK INDIVIDUALS



3

If someone in your house is sick, have them **SELF-ISOLATE** as much as possible.

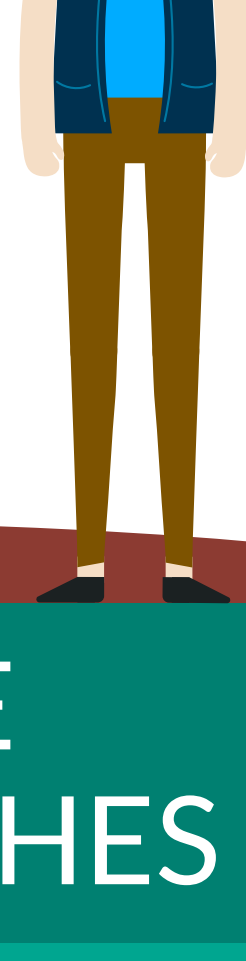


WASH YOUR HANDS



4

Make sure everyone washes their hands with soap and hot water for **20 SECONDS**.



CHANGE YOUR CLOTHES

5

When you arrive home, leave your coat and shoes **OUTSIDE** or in a **GARAGE** to air out.

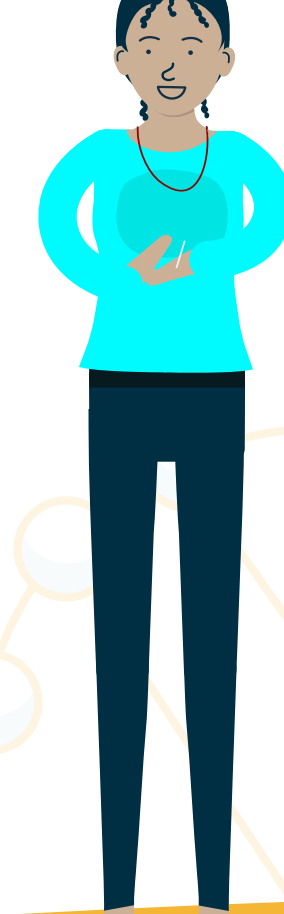


HAVE ENOUGH FACE MASKS

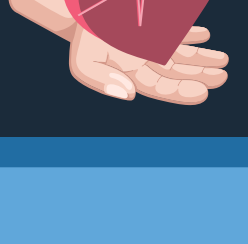


6

Make sure you have **5 OR MORE** cloth face masks and use a clean one **EVERY DAY**.



DISINFECT HIGH TOUCH AREAS



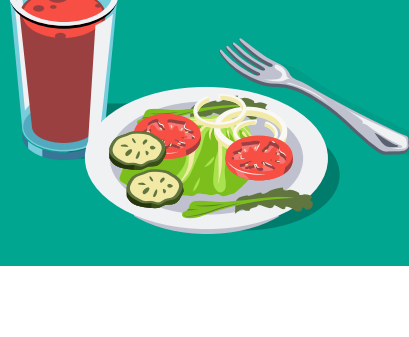
7

Make sure to **REGULARLY CLEAN** high touch areas in your home.

Use disinfectant wipes, soap and water, or disinfecting spray.



WASH CLOTHES AND DISHES



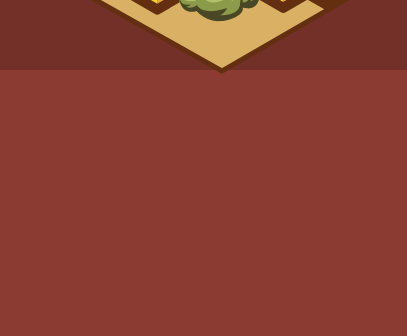
8

Use **HOT WATER** and detergent/soap to wash clothes and dishes.

Wash your hands **IMMEDIATELY** after loading and unloading dishwasher/washing machine.



OPEN WINDOWS AND DOORS



9

High airflow can disperse **RESPIRATORY INFECTIONS**.

If possible, open windows and doors periodically to get **FRESH AIR** moving throughout your home.



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